

# **Food banks and other food support**

<https://www.swansea.gov.uk/article/5989/Food-banks-and-other-food-support>

**There is a range of food support available in Swansea for those in need, from food banks and food share to ready-made takeaway meals, sit-down meals and community shops.**

The majority of the food banks operate via a voucher and / or referral system: please do not let this put you off accessing this help when you are in need. The agencies that can help you with a referral or voucher may also be able to help provide additional support, including accessing benefit or debt advice.

Anyone can find themselves in a crisis situation, so please do not feel embarrassed about asking for help. The ['Hope in Swansea' app](#) is also a useful way of finding out what help to access food is available on the day you need it.

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## **Food banks v food share**

Food banks are emergency provision for people who are unable to afford food, the majority of food banks operate via a voucher and / or referral system.

Food share is a way of preventing food from being wasted and ending up in landfill, it is not limited to those who are food insecure and is a way of accessing cheap / free food if you need it or want to prevent food waste. No referral or voucher is needed, and a contribution may be asked towards the cost of arranging the food share if you can afford it.

## **Donations**

Donations are always welcome. [Contact the organisations directly](#) to see how you can help.

## **Food hygiene standards**

You can find food hygiene ratings for organisations who provide food on the [Food Standards Agency website](#)(opens new window).

**Note:** The organisations listed, and the services provided by those organisations, are not managed or governed by Swansea Council and Swansea Council has no control over the nature, content or availability of those sites. The inclusion of any links is not a

recommendation or endorsement of that organisation. The council cannot be held liable for any action or inaction of the organisations listed.

## List of food banks and other food support

### **Food bank timetable**

For emergency food provision, take a look at the food bank timetable to see what is available each day.

### **Birchgrove Community Centre**

Lon Gwestyn, Birchgrove, Swansea, SA7 9LD. This community centre also has a food bank.

### **Blaen-y-maes Drop-in Centre CIC**

The drop-in centre is a not-for-profit community organisation based in the heart of Blaenymaes. It includes a food bank and a food share.

### **Bont Elim Community Church**

Bont Elim Community Church extends a warm welcome to everyone, whatever your background, wherever you're from and whatever you believe. A food share is also available at the church.

### **Canolfan y Bont**

Community centre managed by volunteers, offering a range of opportunities and support to the community of Pontarddulais. This community centre also has a food bank.

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### **City Church Swansea**

City Church Swansea is a family of all ages from all walks of life. They provide help for those in need, including a food share.

### **Clase Community Centre**

Longview Road, Clase, Swansea, SA6 7HH. This community centre also has a food bank and is a Swansea Space.

### **GROW Cymru (Growing Real Opportunities for Women)**

Provide training, support, mentoring and guidance to women of all backgrounds and ages across South Wales. Also provide a weekly food bank.

### **Goleudy**

Housing charity who help to prevent homelessness, provide housing and create opportunities. Also provide a community fridge in Swansea Marina.

## **LifePoint Church**

Based in Uplands, the church is also a Swansea Foodbank location.

## **Linden Church, West Cross**

Located in West Cross, the church is home of the Red Community Project, running a whole range of projects for people across the city. It is also a Swansea Foodbank location and a welcoming Swansea Space.

## **Matthew's House**

Matthew's House exists to provide a warm and welcoming building in the heart of Swansea, with the expressed intention of being accessible for the homeless and most vulnerable in Swansea. Hot meals are provided for those in need.

## **Mayhill Community Centre**

Mayhill Road, Mayhill, Swansea, SA1 6TD. This community centre also has a food bank and is a Swansea Space.

## **Missionaries of Charity of Mother Teresa Trust**

Based in the heart of the city centre, providing cooked meals for those in need.

## **Mount Zion Baptist Church**

Located in Bonymaen and home to the Eastside Foodbank.

## **North Gower Food Hub**

Gower area only. Food parcel delivery (on Fridays), no collection service.

## **Ogof Adullam at Penlan Methodist Church**

Drop-in centre offering a place of refuge to individuals experiencing homelessness and alcohol and drug addiction as well as providing a point of contact for prison leavers and asylum seekers. Hot meals and refreshments are also served.

## **Parklands Church, Sketty**

Located in Sketty, the church is the base for Sketty Foodbank. It is also a welcoming Swansea Space.

## **SOS Shelters Wales Independent food bank and more**

Independent food bank and food share for Gorseinon and surrounding area.

## **South Penlan Community Centre**

Heol Frank, Penlan, Swansea, SA5 7AH. This community centre also has a food bank.

## **St Catherine's Church, Gorseinon**

Located in Gorseinon the church is a Swansea Foodbank location and a welcoming Swansea Space.

## **St Iltyd's Church Hall, Dan-y-graig**

A Swansea Foodbank location in the St Thomas area.

## **St Mary's Church Central Swansea**

Church situated in the heart of the city centre. A place of welcome for all. The church is also a Swansea Space and offers a weekly meal.

## **St Stephen's Church, Port Tenant**

Located in Port Tenant and home to Swansea Community Grocery - a bridge between a food bank and a supermarket, meaning members can come and shop for the whole family at the fraction of the cost of a supermarket.

## **St Thomas Church**

Church based in St Thomas in the east of the city. Offering a weekly community meal and a welcoming Swansea Space.

## **Swansea Asylum Seekers Support**

Provide support, a hot meal and English lessons to asylum seekers and new refugees in Swansea during 2 weekly drop-in sessions.

## **Swansea Mosque**

Located in the heart of Swansea with a very diverse and multicultural community. The largest mosque in Wales is also home to a food bank for those in need.

## **The Centre for African Entrepreneurship (CAE)**

The CAE empowers and supports ethnically diverse communities. This includes providing a food bank delivery service for those in need.

## **The Phoenix Centre**

The community hub for Townhill, Mayhill and Gors. Making the hill a wealthier, healthier, happier and safer place to live - a one-stop-shop for the development of our local community. Food support is offered through the community shop.

## **The Salvation Army - Morriston**

A Christian Church and charity based in Morriston providing a food bank and a welcoming Swansea Space.

## **Ty Croeso**

Community-focused project in the heart of Clydach, home to a branch of Swansea Foodbank.

## **Ty Fforest Hub**

Provide a wide range of help for people across the Swansea area, including a food share.

## **Unity in Diversity**

Provide food, support and learning opportunities to asylum seekers and refugees in the Swansea area.

## **Zac's Place**

A Christian, community-focused project located in Gospel Hall in the city centre. Providing takeaway meals for those who need help.

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